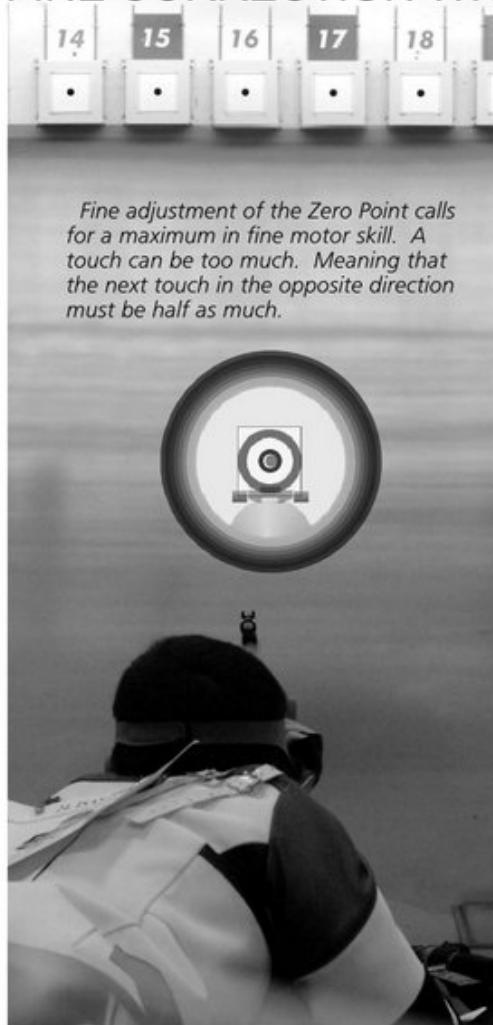


FINE CORRECTION WITH HEAD AND HANDS



Fine adjustment of the Zero Point calls for a maximum in fine motor skill. A touch can be too much. Meaning that the next touch in the opposite direction must be half as much.

Overhead view of the left arm. Slight pressure in the opposite direction allows for comfortable fine sideways adjustment. But watch out! The arm must again be relaxed fully before the next shot.

Finer and finest corrections account for the lion's share of prone shooting skills. After getting into position the ring is 10 - 50 centimetres from the centre, after the first adjustment it's usually down to a matter of a couple of centimetres that need to be made up by the second attempt. It's important to maintain extreme discipline in one's centring throughout the entire match.

For this precision work, the right elbow and also the left hand, the head and the trigger hand are available.

The elbow will be taken back in order to pull the muzzle to the left. Or the left hand will push the ring slightly to the right across the target; after relaxing the arm again the ring comes back into the centre. A slight reduction in pressure on the buttplate also draws the barrel to the right, as will an increased pressure on the pistol grip.

From these variations you should seek out those which offer you the most. Combinations are of course also possible. *You can train this process by shooting alternately at two offset aiming marks, but above all through disciplined and concentrated work before each and every shot.*

On the other hand the process of correcting mustn't take too long. Three attempts of about 5 seconds each suffice, otherwise the position gets tense. The it's better to mount the rifle again than have a fourth go.

You'll have to discover how to suit your tempo and precision to your ability and your form on the day.

It's the left, doing the fineadjustment!

